

Team Building

Few people have elected to be in the teams they work in. Team friction is often blamed for poor performance, yet even the most dysfunctional team is usually doing more things right than wrong. We adopt a solution focused approach to empowering individuals and enhancing team performance. The workshop also acts as a 'team building' session to clarify team objectives, protocols and codes of behaviour with the aim of encouraging collaboration and creating a happier, healthier and more productive team.

content

- What makes a team
- Creating and maintaining the vision
- Short term, medium term goals
- Dealing with dissent
- Mismatched needs, private agendas
- Confused aims or no agreed goals
- Roles and understanding
- See differences in others, NOT deficiencies
- Words and actions that match
- Creative communication
- Avoiding the communication black-spots

- Identifying realistic criteria
- Deciding objectives
- Plan your team's long term goals
- Self management, stress and coping
- Emotions and problem solving
- Team problem solving strategies
- Summarising achievements
- Planning daily/weekly programmes

objectives

Understand the common 'pitfalls' of team work

Examine the myths of team work that mask effectiveness

Identify and build on existing team strengths

Create and maintain team goals and objectives

Conduct more productive team meetings

Deal constructively with dissent within the team

Recognise the 'early warning signs' that can disrupt the team

Build a team 'plan' for future success